

SPROUT.ME

V.O. AD TAKE 3

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KYLER V.O.

Last spring, I sat in my car in my work parking lot for twenty minutes because I couldn't bring myself to walk inside. That was the day I quit.

Hi, I'm Kyler. I was 30, eight years into a career I picked at 22 because it paid okay and my parents approved. And I had no idea what came next.

The months after were rough. I'd update my resume, close my laptop, and doom-scroll to see someone I knew from college had just become a director, and my cousin was posting ultrasound photos.

I felt like I fell behind. I started dodging family dinners because I couldn't handle one more "So what're you doing now?"

But when my best friend suggested a career coach, I laughed it off. Paying a stranger to tell me what to do with my life felt like the official stamp of "you messed up"

But one night I was applying to jobs that I didn't actually want, and that scared me more than asking for help.

So I booked a call with Sprout.me and booked an appointment with a real coach. From there, we built a real plan with small weekly steps and check-ins, and for the first time, I got direction from myself instead of fear.

I'm not "fixed" by any means, but I'm moving with purpose, and that feels completely different from drifting. So if you're stuck right now, you're not behind, and you're not a failure, you might need someone in your corner.

KYLER V.O. (CONT'D)

Sprout.Me matches you with a vetted career coach who takes the time to understand where you are and where you want to go. If you're even remotely curious, the link is in my bio.